

Liturgical Year Study Sheet



Name: _____

1. When does the Liturgical Year begin? *The first Sunday of Advent*
2. What does the word Advent mean? *Coming*
3. How many weeks are in Advent? *4 Weeks*
4. What is the main Liturgical color for Lent and Advent and what does it symbolize? *Violet or purple which symbolizes mourning and penance*
5. The first day of Lent is called: *Ash Wednesday*
6. How many days are in Lent? *40 days*
7. What do we call the three-day celebration from Holy Thursday evening to Easter Sunday?
The Triduum
8. What is the Liturgical color for Easter and Christmas and what does this color symbolize? *White (sometimes gold) and it symbolizes purity and joy.*
9. How many days are in the Season of Easter? *50 days*
10. What is the Liturgical color for Ordinary Time and what does this color symbolize?
Green, which symbolizes Life and Hope.

11. The word ordinary comes from the word "ordinal" which means: *numbered*

12. What is Ordinary Time? *It refers to those Sundays of the Liturgical Year that are outside the seasons of Advent/Christmas, Lent/Easter.*

13. What is the last Sunday of the Liturgical Year called?
The Feast of Christ the King

Meanings of the Liturgical colors:

**Life and Hope*

**Purity and Joy*

**Mourning and Penance*

